

# Languages



## EXPLORE YOUR CREATIVITY!

Acting Out Ages 5-8  
 Dramatic Discovery Ages 9-11  
 Actor's Studio Ages 10-12  
 The Audition Ages 12-17



18+

## Young Company Theatre Troupe

Continue your theatre education with this community troupe - perform at functions around town!  
**SPECIAL:** Enroll in BTC's The Audition, and get into Young Company for only \$100!



18+

## Fusion Musical Theatre

Act, dance, and sing your heart out with Gabriela Gallo!  
 Musical theatre monthly sessions for ages 5-8 & 9-12.  
 Email [scm@steinbachartsCouncil.ca](mailto:scm@steinbachartsCouncil.ca)

18+

## Canvas & Coffee & Colas (8+)

Paint parties for everyone! Kids and adults alike will enjoy this afternoon event. Learn to paint in one session!

**Instructor:** Arlene Enns  
**Time** 4:30 - 6:00pm  
**Class Fee:** \$25

18+

## Canvas & Cabernet (18+)

A social evening of painting and fun! Includes supplies, appetizers, and wine!

**Instructor:** Arlene Enns  
**Time** 6:30 - 9:00pm  
**Class Fee:** \$35

18+



February 13  
 May 1

Valentine's Night  
 Canvas Pouring

Steinbach Cultural Arts Centre  
 304 Second Street  
 Steinbach, MB R5G 0T7  
 204.346.1077

[programs@steinbachartsCouncil.ca](mailto:programs@steinbachartsCouncil.ca)  
[www.steinbachartsCouncil.ca](http://www.steinbachartsCouncil.ca)

# WINTER 2019 COMMUNITY PROGRAMS

## French Beginner I

**Instructor:** Amanda Legal  
**Dates:** 10 Thursdays, January 17 - March 21  
**Time:** 5:30 - 7:00pm  
**Class Fees:** \$97 **Material Fee:** \$10

## French Beginner III

**Instructor:** Amanda Legal  
**Dates:** 10 Thursdays, January 17 - March 21  
**Time:** 7:00 - 8:30  
**Class Fees:** \$97 **Material Fee:** \$10

## Spanish Beginner I

**Instructor:** Noemi Martens  
**Dates:** 10 Wednesdays, January 16 - March 20  
**Time:** 5:30 - 7:00pm  
**Class Fees:** \$97 **Material Fee:** \$10

## Spanish Beginner II

**Instructor:** Noemi Martens  
**Dates:** 10 Wednesdays, January 16 - March 20  
**Time:** 7:00 - 8:30pm  
**Class Fees:** \$97 **Material Fee:** \$10

## Beginner German

**Instructor:** Jess Buller  
**Dates:** 10 Tuesdays, January 15 - March 19  
**Time:** 6:15 - 7:15pm  
**Class Fees:** \$75 **Material Fee:** \$10

## German for the Workplace

**Instructor:** Jess Buller  
**Dates:** 10 Tuesdays, January 15 - March 19  
**Time:** 5:15 - 6:15pm  
**Class Fees:** \$75 **Material Fee:** \$10

15% off for returning students!

10% off for pre-registration until December 20th

updated November 28, 2018  
[www.steinbachartsCouncil.ca](http://www.steinbachartsCouncil.ca)

# Creative Wellness

Ideal for the working professional!

## Lunch Time Pilates (Beginner) 18+

Sitting is the new smoking - this 45 minute class will mobilize your spine and joints, and strengthen your core to help you continue to do your daytime job and still get a good workout.

**Instructor:** Kimberley Koop

**Dates:** 12 Thursdays | January 17 - April 11

**No Class:** March 28

**Time:** 12:10 - 12:55pm

**Class Fees:** \$109

## Secrets to a Strong Back (Beginner) 18+

How do you activate your core muscles in your day to day life so you always have support for your back? Learn exercises that help you strengthen the right muscles for the right movements.

**Instructor:** Kimberley Koop

**Dates:** 12 Mondays | January 14 - April 15

**Time:** 5:45 - 6:45pm

**No Class:** Feb 18, March 25

**Class Fees:** \$132

## Pilates Core (Intermediate) 18+

**Instructor:** Kimberley Koop

**Dates:** 12 Mondays | January 14 - April 15

**Time:** 10:00 - 11:00am

**No Class:** Feb 18, March 25

**Class Fees:** \$132

## Prop It Pilates (Intermediate) 18+

**Instructor:** Kimberley Koop

**Dates:** 12 Mondays | January 14 - April 15

**Time:** 7:00 - 8:00pm

**No Class:** Feb 18, March 25

**Class Fees:** \$132

## Pilates on the Ball (Intermediate) 18+

**Instructor:** Kimberley Koop

**Dates:** 12 Thursdays | January 17 - April 11

**No Class:** March 28

**Time:** 10:00 - 11:00am

**Class Fees:** \$132



# Dance

## BOSS DANCE ACADEMY 10 Week Sessions at SAC!

**No costume fees, no fundraising obligations!**

4:15 - 5:00	Hop & Bop	Ages 3-5	\$75
5:15 - 6:15	Intro Hip Hop	Ages 6-9	\$99
6:15 - 7:15	Hip Hop	Ages 10-12	\$99
7:15 - 8:15	Stage Combat	Ages 9+	\$99

**Dates:** 10 Mondays | January 14 - April 1

**No Class:** February 18, March 25

Call 204.371.8007

Visit [www.bossdanceacademy.com](http://www.bossdanceacademy.com)



BOSS Dance Academy promotes personal growth, community-building, and values through the Dance, Theatre, Film, and Arts.



Challengers Hip Hop is a class designed for children with learning challenges. Contact BOSS directly if interested.

# Indigenous Arts

## Indigenous Bead Art

Call today to put your name on our registration list!

## Bannock Making

8+

Call today to put your name on our registration list!

## Dreamcatchers

16+

Call today to put your name on our registration list!

Call us at 204-346-1077

# Culinary Arts

## Kids in the Kitchen

9-12

**Instructor:** TBA

**Dates:** 10 Mondays | January 21 - April 8

**No Class:** February 18, March 25

**Time:** 5:15 - 6:15pm

**Class Fees:** \$135

## Couples Cooking

18+

Call today to join our registration list!

## Creative Cultural Cooking

18+

Call today to join our registration list!

## Mindful Meals

18+

Call today to join our registration list!



## Arts & Tots Preschool Program

**NEW!** Montessori-Infused Curriculum

**Ages 3-5**

Mon/Wed or Tue/Thu, AM or PM available!

The most creative way to learn with specialists in dance, music, visual arts, drama, and more!

**Directors: Miss Pam & Miss Jen**