

**B.O.S.S.  
DANCE  
ACADEMY 10  
WEEK**



**DANCE ACADEMY**



STEINBACH  
ARTS  
COUNCIL

INTRODUCTORY  
DANCE CLASSES

**AT THE STEINBACH ARTS COUNCIL**

**Dates:** January 14 – April 1

**No Class:** February 18, March 25

**Location:** Steinbach Cultural Arts lower level

**Class fee:** \$75 for 45min class / \$99 for 1hr class

**Hop & Bop (Ages 3-5)**

**Time: 4:30 – 5:15 pm (45 mins.)**

Each student will be encouraged to freely explore music & movement with a balance of personal creativity and class structure. Introductory dance concepts from Hip Hop, Jazz, and Musical Theatre will be incorporated into this class. If your child is upbeat and energetic this is the class for them!

**Intro Hip Hop (Ages 6+)**

**Time: 5:15 – 6:15 pm (1 hr.)**

**Hip Hop (Ages 10+)**

**Time: 6:15 – 7:15 pm (1 hr.)**

BOSS understands that hip hop is a CULTURE, and its dance form features fast-paced fluid dance moves that explores rhythm through movement. Learn hip hop styles like breakdance, popping, locking, house, waacking, party dance, krump and more. This is a high energy class will have you grooving to its upbeat music and "siick" dance moves!

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### **Stage Combat (9+)**

**Time: 7:15-8:15 (1 Hour)**

Stage combat is a specialised technique in theatre designed to create the illusion of physical combat without causing harm to the performers. It is employed in live stage plays as well as operatic and ballet productions. With the advent of cinema and television the term has widened to also include the choreography of filmed fighting sequences, as opposed to the earlier live performances on stage. It is closely related to the practice of stunts and is a common field of study for actors.

### **What to Bring:**

1. Indoor runners – for safety and to protect our professional studio floors
2. Proper dance attire
3. Water bottle
4. Energy and excitement

**Cancellations/Refunds** – Full refunds (less the Membership Fee and \$20 Administration Fee) honored with minimum 2 weeks notice, prior to start date of class/workshop. Classes may be subject to cancellation if the minimum number of registrants is not reached. In this case, a full refund will be issued (less the Membership Fee). **\*Membership fees are non-refundable.**

One week prior to the class, a reminder phone call will be given to let you know the class is coming up, direction to the centre, and location of the classroom along with dates and time of class. If you have any questions or concerns, please feel free to call 346-1077.